

October Activities

Honesty



Activity #1 - “True and False” Game

What You’ll Need: Index cards, pen or pencil

Prepare

Write “True” on one sign and “False” on the other

Learn

Show your child which sign is “true” and which is “false,” and explain what the words mean. Now tell your child some things that might be true or untrue while they hold up the correct sign for what you say. You can take turns where they say things and you hold up the signs, as well. Sometimes we may even need to ask for help and learn new things to discover truth — such as when someone says a statement which is not clearly true or false to us (such as “I am ten feet tall” when we do not know how much ten feet is).

Follow-up

Knowing when to ask questions, and remembering to use our minds when we hear things is important for investigating what is actually true.

Activity #2 - Traveling Tales and Tails

What You’ll Need: Your time while driving, a Bible (Proverbs 26:18-19)

Learn

While you are driving in the car, tell your kids something false, such as “Hey, look at that horse running down the road.” Do it again a few blocks later, and yet again another few blocks down the road.

When the kids begin to comment on your dishonesty, use the following questions as a guideline to initiate discussion:

- Did you think it was funny when I mentioned the horse?
- Would it be funny the second time?
- What if I told you untrue things like that all the time?
- Did you stop believing me about the horse?
- If you tell stories that are not true, even just to be funny, will other people trust what you say?
- Can you think of a dangerous situation that might arise if people realized that they can’t trust what you say?

Activity #3 - Truth Champions

What You'll Need: Craft supplies such as cardboard, tinfoil, duct tape, a Bible (Ephesians 6:10-18, John 14:6, John 8:44)

Learn

"Champion" truth in your home by honoring truth telling. First, read about the armor of God found in Ephesians 6:10-18. Then help your children make a belt of truth they can each wear. To make the belt, simply cover a cardboard strip, or an existing belt, with tinfoil and/or duct tape. Talk about how speaking the truth wins the battle for Jesus, who is Truth, rather than Satan, who is the father of lies (John 14:6, John 8:44). Emphasize that when we tell the truth, we show we are on God's team, not Satan's.

Activity #4 - Oh Yucky!

What You'll Need: Foods that will gross out your family, some family favorites, and a Bible (Proverbs 6:16-19, Proverbs 12:22, Zechariah 8:16-17)

Learn

Assemble some foods that your children detest – foods so "yucky" they wouldn't even want to try tasting them. Have some of their favorite snacks available, too. To demonstrate how much God hates lying, ask them if they would like to eat any of the detestable foods. Obviously, the answer will be emphatically, "No!". God detests lying even more than they hate the "yucky" food. Read the verses out loud and discuss their meaning.

Then let your children have one of their favorite treats and explain that, just as they delight in their favorite food, God delights even more so when they tell the truth. To further reinforce this lesson, give each child one of the preferred snacks whenever you observe them telling the truth and remind them about this activity.