



# women

Spring/Summer 2024

*“And He is before all things, and in Him all things hold together.”*

*Colossians 1:17*

Sunshine and warm weather encourage us plant-loving ladies to think about our gardens and planters. It's easy to think about planters merely as decoration and value their form over their function. But planters serve a great purpose. Planters hold things together. They contain the dirt that plants grow down into, providing an anchor. They enclose the plant's root system, directing it where to grow, and how to expand. During watering, planters funnel life-giving moisture toward a plant's roots, ensuring it receives nourishment. In the same way that a planter contains a plant, God holds you and everything you will ever need. When your world falls apart, He holds you together. When you lose your footing, He is your anchor. When you can't carry on, He will carry you forward. When you feel lost and astray, God encloses you. When you fear losing control, remember that God has you contained. When you are unsure, trust His direction. When you feel empty, look to Him for nourishment. Without God, you are not fully alive. With God, you are fully contained and entirely held. Let the Lord be the vessel that surrounds you and provides for you. Let Him be the enclosure around you. He will provide nourishment for your soul. In Him, you have all you need to thrive and grow.

*Playing in the Dirt - 90 Devotions for Crazy Plant Ladies*

## In this edition:

- Simply Saturdays
- Women's Bible Studies
- Upcoming Events
- Team Picks
- Women's Ministry Information





# Simply Saturdays

The goal of Simply Saturday is to energize, encourage, and equip women in our church and community.

Escape from your routine for a short time on Saturday to learn a fun skill, create something for yourself, enjoy an "I've always wanted to try that" activity, be inspired by a guest presentation, or simply enjoy time with girlfriends or soon-to-be friends!

# Glitter & Grace

... the unfading beauty of a gentle and quiet spirit, which is so precious to God. 1 Peter 3:4

## Rescheduled Date!

**Saturday, September 14, at 10:00 a.m.**

## Glitter & Grace

**Attention Women and Girls (ages 6-12)!**

Join us for Glitter & Grace, a fun Mother/Daughter, Grandmother/Granddaughter, Aunt/Niece event on **Saturday, September 14, at 10:00 a.m.** in the Worship Center. We will have brunch, learn age-appropriate beauty tips from a local stylist and salon owner, make some jewelry, and hear a meaningful message on true beauty.

**Cost | Girls ages 6-12 - \$5 each | Women - \$10**



## April Simply Saturday

## Travel Tips

**Save the Date!**

**April 20 at 10:00 a.m.**

**Cost: \$5**

More details coming soon!

Check the FBMaryville events page for registration information.

# Women's Bible Studies

## The Armor of God

Thursdays | 9:30 a.m.

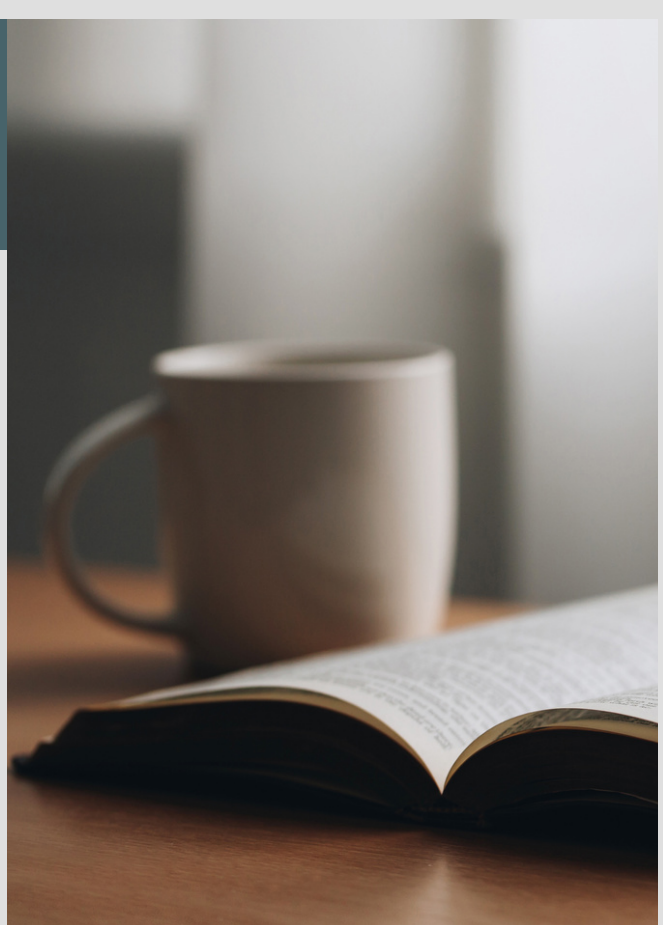
March 14 - May 2

Led by Stephanie Brunner

All day, every day, an invisible war rages around you — unseen, unheard, yet felt throughout every aspect of your life. A devoted, devilish enemy seeks to wreak havoc on everything that matters to you: your heart, your mind, your marriage, your children, your relationships, your resilience, your dreams, your destiny.

But his battle plan depends on catching you unaware and unarmed. If you're tired of being pushed around and caught with your guard down, this study is for you.

The enemy always fails miserably when he meets a woman dressed for the occasion. The Armor of God, more than merely a biblical description of the believer's inventory, is an action plan for putting it on and developing a personalized strategy to secure victory.



**More women's Bible studies will be starting in the fall. Details coming soon!**

*Your word is a lamp unto my feet and light unto my path.*

*Psalm 119:105*

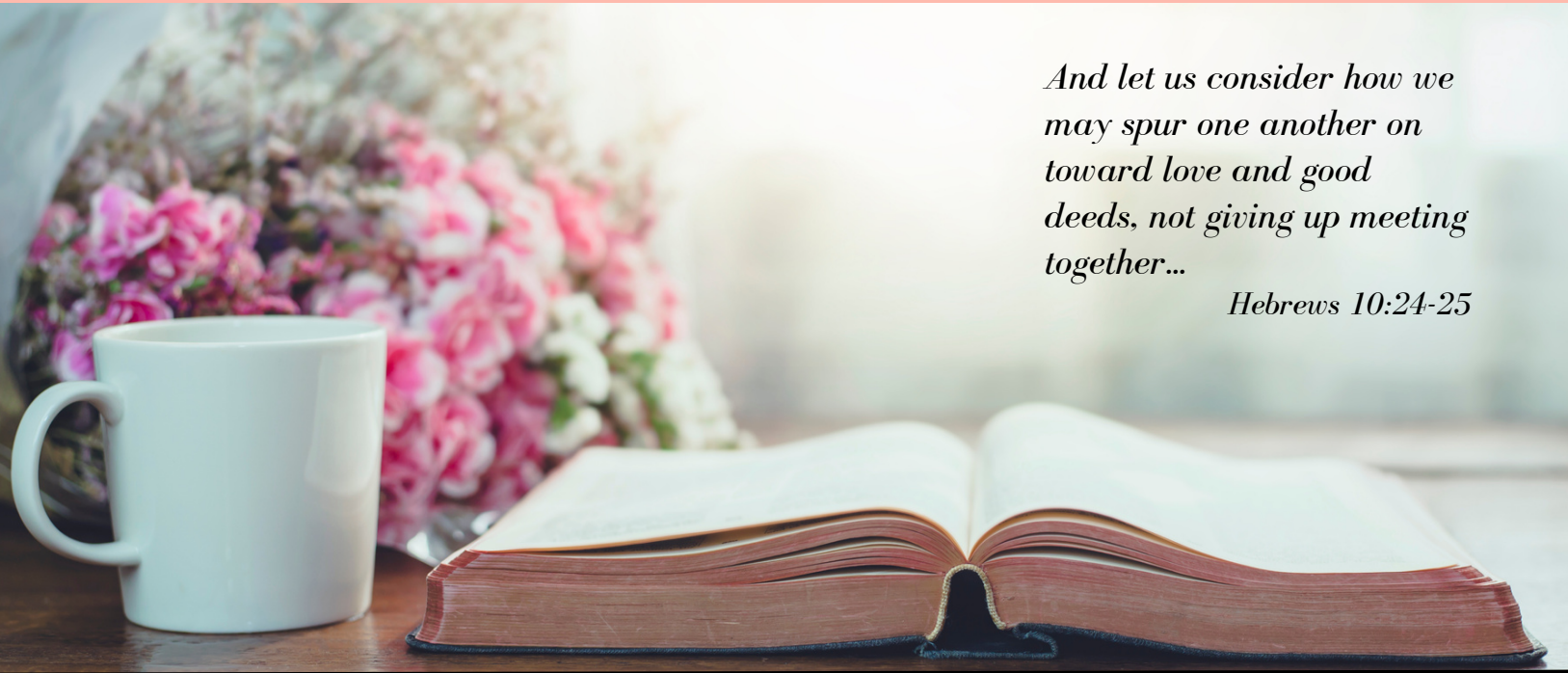
For more information on the winter/spring Women's Bible Studies or to register for one, please visit <https://fbmaryville.org/smallgroups>.

# UPCOMING EVENTS

SPRING/SUMMER 2024

*And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together...*

*Hebrews 10:24-25*



## Glitter & Grace

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## FLOURISH

**Attention Flourish Mentors and Mentees!**

Please join us for our Mid-year celebration, which will be held in the Chapel on

**Sunday, April 21, at 4:00 p.m.**

Next Chapter



A ministry for widows and widowers.

- Tuesday, March 12, 2024 - "I'm not lucky, I'm blessed"
- Tuesday, April 9, 2024 - Meet us at Bella Milano
- Tuesday, May 14, 2024 - Cinco De Mayo
- Tuesday, June 11, 2024 - Beach Party Bingo

[Register for an upcoming Next Chapter event here](#)  
Or visit our events page at [fbmaryville.org](http://fbmaryville.org)

## Women's Fair 2024

Save the Date!

**Sunday, August 18**

**8:30 a.m. to noon in the lobby**

# FBM WOMEN'S MINISTRY TEAM PICKS

Spring/Summer 2024



## God Made Me in His Image: Helping Children Appreciate Their Bodies

Because bodies can be confusing and sometimes embarrassing to children, Justin and Lindsey Holcomb wrote *God Made Me in His Image* for parents to use in helping their kids understand how God made their bodies in his image. Parents and caregivers can use this powerful book, illustrated by Trish Mahoney, to help children understand their feelings about their bodies and help them accept them by highlighting God's loving design of our individual physical characteristics.

[Click here for the book description and to buy the book](#)

## True Girl: Website & Ministry

True Girl is a community of moms here to remind you that you are not alone in your desire to raise your daughter according to the Truth of God's Word. We create mom+daughter connection tools to disciple tween girls to know and love the Truth found in the Bible.

True Girl was created by best-selling author Dannah Gresh while raising her own tween daughter! Featured on Focus on The Family, USA Today, TEDx, and more, Dannah has devoted her ministry to providing moms with not only scientific research that helps them understand their daughter's developmental stage, but also biblical Truth that encourages and guides them in how to approach it.



[Click here to visit the True Girl website mytruegirl.com](https://www.mytruegirl.com)



## 8 Great Dates for Moms and Daughters: How to Talk About True Beauty, Cool Fashions, and Modesty

With all the pressures and influences of today's world, Christian moms worry about their little girls and how they will grow up. Quality time between a mom and a daughter can be the greatest protection against the world's pressures to make a girl mature too quickly. Knowing this, Dannah Gresh, popular speaker and founder of the True Girl conferences, has developed a host of dating ideas to help moms invest the time needed to deeply connect with their daughters. *8 Great Dates* includes fun mother-daughter get-togethers, perfect for one-on-one or for a small group of moms and their energetic 8- to 12-year-old daughters. Each date focuses on one topic surrounding beauty and dignity, provides lots of fun, and imparts a message that enhances life and faith.

[Click here for the book description and to buy the book](#)

# Playing in the Dirt: 90 Devotions for Crazy Plant Ladies

Playing in the Dirt: 90 Devotions for Crazy Plant Ladies is for those who enjoy bringing things to life and watching them grow. This devotional sheds light on the Great Gardener who is tending to our souls — and how He fosters the fruitfulness in our lives. Readers will learn how to find rest in Him as they take inspiration from the Scripture-based lessons and delightful botanical illustrations sown throughout the pages of this unique inspirational book for plant and garden lovers.



[Click here for the book description and to buy the book off Amazon](#)

## The Well-Watered Woman: Rooted in Truth, Growing in Grace, Flourishing in Faith

Discover the bottomless, refreshing Well of God's Word—and experience a fullness and peace beyond your circumstances. In the chaos of our everyday, it can be difficult to live out and apply the truths of Scripture. We want more of Jesus, but we find ourselves looking to our own lives and accomplishments for our worth and identity. And while that may buoy us for a time, we're often left feeling dried up, discouraged, and longing for more.

[Click here for the book description and to buy the book off Amazon](#)

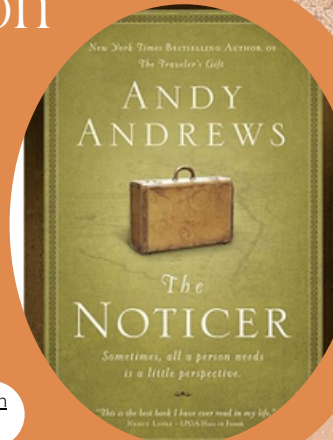


## The Noticer: Sometimes, all a person needs is a little perspective

The Noticer will provide you with:

- A better understanding of life's challenges and proper perspective for tackling them
- Practical yet powerful methods of motivation, encouragement, and resolve for those struggling
- A fresh and insightful perspective on how people can change their view of the world, find strength, and move beyond their problems

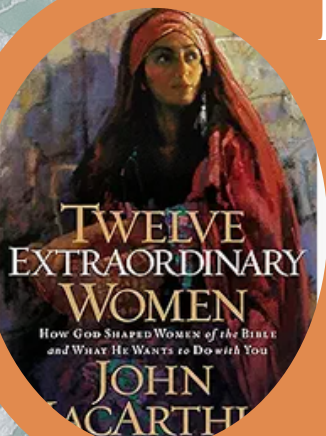
Based on a remarkable true story, The Noticer beautifully blends fiction and allegory in an entertaining and inspiring instruction manual for better living.



[Click here for the book description and to buy the book off Amazon](#)

## Twelve Extraordinary Women: How God Shaped Women of the Bible, and What He Wants to Do with You

Twelve Extraordinary Women offers a poignant and personal look into the lives of some of the Bible's most faithful women, teaching modern believers that true faith can leave a lasting legacy. As you meet these women in Scripture and get to know more about their lives and characters, they will challenge you, motivate you, encourage you, and inspire you with love for the God whom they trusted, served, and loved.



[Click here for the book description and to buy the book off Amazon](#)

## More information:

If you would like more information on our Women's Ministry or are interested in volunteering, please email us at [women@fbmaryville.org](mailto:women@fbmaryville.org).

## Women's Survey

Tells us what you think! Please take a minute to fill out this quick survey. We would love to get to know a little bit more about you and what you are looking for in our Women's Ministry. We want to serve you and the best way to do that is to hear from you.

[Take the survey!](#)

Follow us on Facebook!



First Baptist Church Maryville  
7110 State Route 162  
Maryville, IL 62062



The fbmwomen's ministry is committed to not only providing opportunities and resources to enhance your faith journey but also to help you create and strengthen godly friendships and interactions with other women who are doing the same!

We hope the programming, events, and activities outlined in this newsletter give you opportunities and resources to assist you in numbering your days successfully. We all want wise hearts and intentional days. We pray that as "iron sharpens iron," we can build lives each day that counts for our benefit and His glory.

[Visit our website](#)